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Accuracy

You have to be willing to be wrong in order to be right.

Are you going to be wrong sometimes? Yeah, it's likely. Will you sometimes misinterpret the info coming through? Probably. But that's OK! We as animal communicators, we are all human. You don't want to be actively trying to concentrate (thinking mind). Discerning, reasoning, are active thinking states of the brain that override the intuitive state of the brain. You want to bring your awareness to the animal, and then just relax and invite the info in however the info wants to come in. The thinking mind that edits out everything is completely counter-productive to your reading. You must include everything, with the risk of a few pieces here and there being off in order for the rest to be right on. I believe this is key to accurate readings! Aside from just needing more practice, most inaccurate or mediocre readings are mediocre or inaccurate because the reader isn't saying everything that comes through, is editing out info, is getting too involved with the info, and not staying connected. Not because they aren't able to separate what's from their own mind and what is from the animal.

The fear of being inaccurate in readings often builds off of the underlying concept of there being a right answer and a wrong answer. This concept is very loaded for many people, and can start a cascade of thoughts such as “what if that was wrong” “am I doing this right” “am I good enough” “what is the sitter thinking about me right now”, etc., all thoughts that can get in the way of connecting. In animal communication development (and any intuitive work), it is helpful to change this concept of right and wrong into simply what is and what isn't. It is a subtle, but important, difference. In a reading you are simply taking a peek at what is, meaning what you are seeing/sensing/feeling/knowing/hearing through your psychic senses. Part of the work is getting away from the notion of performing, as you want to bring your attention back to your connection with the animal and what you are experiencing.

The other important benefit of the “what is/what isn't” concept is that it shifts you into acceptance mode of



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what you are sensing, because you are bringing your focus back to the information as you are sensing it. Acceptance mode is the exact state you want to be in during a reading. It is also called “being in the flow”. This is where whatever you are getting through your psychic senses just IS, and you are not fighting the info coming through, editing it, or throwing it out. Whether or not the information is correct, you cannot deny that the information exists as you sense it through your senses. If during a reading you see a goat next to the animal you are connecting with, even if the animal's owner doesn't really have a goat, it is still a fact that you are seeing the goat there in your mind's eye. There could be a myriad of reasons for why you are seeing the animal with a goat. The point is to always bring your focus back to what you are sensing through your psychic senses, and make it a rule to always accept and acknowledge what is coming through, in order to stay in the flow.

Accuracy continued: Intention

Intention is something that can make a huge difference between a mediocre and a great reading. As we've already talked about, many of us will not say everything that comes up in a reading, because we are afraid of it being wrong or inaccurate. So how do we get around this fear of inaccuracy?

Your first step should be to check your intentions for doing readings. Being correct should never be the intention for doing a reading, because then you've made the reading about performing. The main problem with this is that it lowers the vibration of a reading and directs your focus to how the owner is reacting to the “performance”. Remember how we talked about expanding and directing our awareness to what we're reading? When doing an animal communication reading, our awareness should always be on the animal we are connecting to. When you begin to think of the reading as a performance, your awareness shifts to the person you're reading for and how they are reacting, and you're not connecting to the animal as strongly.

A better intention for doing readings is to be of service for the highest and greatest good (for both the owner



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and animal, but mostly the animal). Shifting your focus from performing to being of service directs your awareness to the energy you are connecting to, and ultimately to doing your job of connecting and being a translator, strengthening your connection to the animal.

It is a good idea to make it a habit to state your intention before a reading, either mentally or out loud, to help you raise your vibration and focus your awareness in the right direction. For example, before a reading, ask your guides to help you be of service for the highest and greatest good. If you find yourself getting nervous before or during a reading, always bring it back to being of service (for the animal).