



ANIMAL COMMUNICATION INTERMEDIATE COURSE

Part 2.4

Techniques to strengthen and deepen connection and increase accuracy

As with any type of psychic reading, there's always going to be ways to continue to improve our connections and work towards having the most accurate and helpful sessions possible. This is not a skill that we just learn once and then are set for the rest of our lives. We continue to learn how our abilities work for us individually, and how to continue to improve them over time.

When an animal (living or passed) is communicating with you, they're sending you the energy of what they're wanting to communicate. Sometimes we the readers only touch lightly on that energy that they're sending us, without really diving fully into the full picture or topic that the animal wants to share. This can often make the information coming through feel a little disjointed. If you sometimes feel like you get several random impressions in a row (for example, let's say you're talking to a dog, and you're suddenly seeing a cliff, then you're seeing a food bowl of kibble, and then a brush) that you have no clue what it means or how to put it into context, this is possibly what's happened, where you're only touching lightly on each topic, and not letting yourself go deeper into the energy the animal is sending, and you're just moving on to the next topic immediately. You can kind of imagine the information that the animal wants to share on each topic as if they're sending you presents of energy. You might just be seeing the wrapping of that present, which is like the first impression you get, for example the image of a bowl of kibble. You then have to allow yourself to go deeper into that present, unwrap it if you will, and see what else is beneath it, until you've explored fully what the animal wanted to share about it. Then you move on to the next present the animal gives you.

You do need to remind yourself to unwrap and expand upon those impressions that the animal gives you though. Maybe with the image of a brush, if you unwrap that and expand upon it, the dog shows you that they love to be brushed, but their human hasn't done it in a while because they've been busy with other things.



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The other metaphor to illustrate the same concept is as if the animal is giving you bread crumbs of information, and then you have to expand those breadcrumbs.

There are a few concepts to think about that can help you increase your accuracy in your readings and that can help you go deeper into the energy of a reading.

The first one that is helpful to think about is the concept of time and frequency of something happening. So when you're connecting to an animal, and they're wanting to talk about something in their life, getting a sense of the timing that they are talking about can add a lot of clarity to a reading.

It's always helpful to get a sense of whether the thing they're bringing up is about the past, present, or future. Is this something they have done in the past, and was it recent, or a long time ago (and if long ago, are we talking years? Were they very young or adult?). It is something they used to do, but not anymore? Or something they didn't use to, but now they do.

Is it currently happening ongoing in their day-to-day, is it happening all the time, or is it sporadic? or is it something that they have plans to do in the future, or would like to do in the future (or not do). Is it something they've been wanting to do, haven't done it yet, or wanting more of something they have done in the past?

Sometimes to get a sense of the timeline, I like to think of myself standing on a timeline, where everything to the left of me is the past, everything in front of me would be in the present. And then to the right of me is about the future. So when I am communicating with the animal, and let's say it's a cat talking about an incident of bullying another cat in the home. If I feel like I'm being brought to the left as this is coming through, then I know it's something that she's talking about in the past. You might also get words that help describe the timing and frequency.



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How it comes through to you is always individual, but I think it's helpful to plant some of these concepts in your mind, so it's easier for you to get a sense of timing and frequency in future readings.

Another concept that is helpful to get more clarity and help you go deeper is how the animal behaves when they're around various types of people, animals, and situations. An animal will have multiple sides to their personality that comes out in different circumstances. An animal might show you that they are very loving and affectionate, but if you don't share specifically in which circumstance they are that way, then you're going to be less accurate and their person might not even recognize it or say yes to the information. The animal might be really loving and affectionate with just one person in the home, while they're quite standoffish with all the other humans in the home. Or they might like other small dogs and love to play with them, but get very reactive around any larger dogs. Or a horse might enjoy when the trainer rides them, but with their own humans they resist any riding at all.

Are they like this with everyone, or is it particular humans in the home, or strangers in the home, or strangers when they're out and about? Is it about particular types of humans (only men, or only women, for example). Is it about other dogs in the home, or dogs that they meet out and about? Other animals in the home, or other animals out and about? Etc. etc.

Really this is me just encouraging you to push yourself to bring through more information from the animal, and not touch lightly on the topic. Bring through more context. What is the animal like, how do they act and what's their personality like, and in which circumstances, and with who?

You also want to be actively adding to our brain's references. The more you've learned about, the more accurate you can be about things in a session. For example, the more you know about the body, the more accurate you can be when going into health issues with the animal. And the more consciously you've added to your box of references, the easier it will be to be accurate about those things.



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If there's a topic that you tend to get frustrated with and feel like you're not as accurate with in readings, then I recommend that you literally write out a list of all the different subtopics within that topic. For example, if you work with a lot of horses, and want to be more accurate about the topic of training, then it's helpful to write down overview lists of the types of horse training out there, and the typical exercises in each training type. Go through each point on that list and maybe imagine or bring to mind what that type of training usually looks like. That way in future readings, it will be easier to recognize the energy of those things should they come up.

Or if you want to be more accurate about health issues, It can be helpful getting a sense of an animal's basic anatomy of organs in the body. You can write out a list of those things, to plant in your mind the different organs so you can be more specific and accurate in future readings. You can look at a chart for what it looks like in a dog, cat, horse, etc. AND/OR you can look at a chart for a human, and use your own body for reference in the reading. I like to look at human charts and use my own body to feel it in my own self, as I also connect to humans in the spirit world a lot as well as living humans in psychic readings, so for me it's more practical that way. Even if a dog's organ isn't maybe quite in the same spot that the human's organ would be, I still know that if I'm feeling drawn to my liver, then I know we're talking about the dog's liver. Show my human anatomy cards, that I look through these here and there. Looking at the human organs, take a moment to try to locate each organ in yourself, Feel for what it feels like and go "that's my lungs". "that's my heart". And notice the difference between those two. Heart might feel higher up for you than the lungs. "That's my liver" even if you can't actually feel it, pretend you can feel it in the right spot. It's subtle, but that's OK. You want to be building in this concept of "liver" so it's easier for you to recognize in future readings. "That's my bladder". "That's my kidneys". "that's my gallbladder". "That's my esophagus". "That's my thyroid". Etc. That's my brain. That's my skull. That's my spine. Upper back, mid back, lower back. Shoulder. Arm, that's my skin. You can also think about the different systems of the body. For example, immune system. Skeletal system. Blood and veins. Heart and lungs. Brain and nervous system. Digestive system. That's my tendons. That's my muscle. That's my joints.



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If you want to be more accurate than that, you can focus on an organ, and write down a list of different diseases/issues that tend to affect that particular organ, so it can be easier to recognize in future readings. For example, the brain – dementia, brain tumors (benign or malignant), stroke or brain bleed, concussion, etc. Go through each one on your list, and imagine what each one might feel like or look like.

You might want to improve on accuracy with emotions and feelings, and you can do that by looking up an image of the emotions wheel. Then go through each of the emotions on the outer right of the wheel, one by one, and bring to mind what each of those emotions might feel like. You're again essentially practicing feeling each one so that it's easier to recognize during a reading.

Ultimately I don't think it's possible to be an expert in all topics that could possibly come up in a session with an animal. There's naturally going to be some topics you feel like you're going to be more interested in and more comfortable with going into detail in in a session, and some topics of fields that you feel that you have less experience with and feel less comfortable with. But if you make some concentrated effort on some topics you don't have much experience with, then you can really elevate your readings and be of the best service possible to the animals and humans you work with.